



A♥



BULBASAU
GRASS TYPE


 JUMPING JACKS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

40
ULTRA BALL
5 COIN FLIPS

A♦



SQUIRTLE
WATER TYPE


 SITUPS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

30
ULTRA BALL
5 COIN FLIPS

A♠



CHARMANDER
FIRE TYPE

 PUSHUPS

8
POKEBALL
1 COIN FLIP

12
GREAT BALL
3 COIN FLIPS

20
ULTRA BALL
5 COIN FLIPS

A♣



PIKACHU
ELECTRIC TYPE


 MOUNTAIN CLIMBERS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

50
ULTRA BALL
5 COIN FLIPS

2♥



VULPIX
FIRE TYPE

 PUSHUPS

8
POKEBALL
1 COIN FLIP

12
GREAT BALL
3 COIN FLIPS

20
ULTRA BALL
5 COIN FLIPS

2♦



ODDISH
GRASS TYPE

 JUMPING JACKS

10
POKEBALL
1 COIN FLIP

20
GREAT BALL
3 COIN FLIPS

40
ULTRA BALL
5 COIN FLIPS

2♠



PSYDUCK
WATER TYPE


 SITUPS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

30
ULTRA BALL
5 COIN FLIPS

2♣



GROWLITHE
FIRE TYPE

 PUSHUPS

8
POKEBALL
1 COIN FLIP

12
GREAT BALL
3 COIN FLIPS

20
ULTRA BALL
5 COIN FLIPS

3♥



MAGNETITE
ELECTRIC TYPE

 MOUNTAIN CLIMBERS

10
POKEBALL
1 COIN FLIP

20
GREAT BALL
3 COIN FLIPS

50
ULTRA BALL
5 COIN FLIPS

3♠



POLIWAG
WATER TYPE

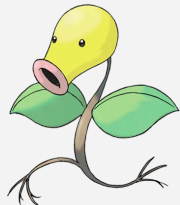
 SITUPS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

30
ULTRA BALL
5 COIN FLIPS

3♣



BELLSPROUT
GRASS TYPE

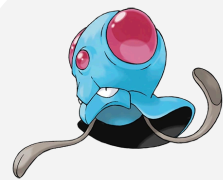
 JUMPING JACKS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

40
ULTRA BALL
5 COIN FLIPS

4♥



TENTACOO
WATER TYPE


 SITUPS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

30
ULTRA BALL
5 COIN FLIPS

4♦



PONYTA
FIRE TYPE


 PUSHUPS

8
POKEBALL
1 COIN FLIP


12
GREAT BALL
3 COIN FLIPS

20
ULTRA BALL
5 COIN FLIPS

4♠



VOLTORB
ELECTRIC TYPE


 MOUNTAIN CLIMBERS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS

50
ULTRA BALL
5 COIN FLIPS

4♣



TANGELA
GRASS TYPE


 JUMPING JACKS

10
POKEBALL
1 COIN FLIP


20
GREAT BALL
3 COIN FLIPS


40
ULTRA BALL
5 COIN FLIPS


5♥




ABRA
PSYCHIC TYPE

 **10**
POKEBALL
1 COIN FLIP


 **15**
GREAT BALL
3 COIN FLIPS


 **20**
ULTRA BALL
5 COIN FLIPS


5♦




MANKEY
FIGHTING TYPE

 **20**
POKEBALL
1 COIN FLIP


 **30**
GREAT BALL
3 COIN FLIPS


 **40**
ULTRA BALL
5 COIN FLIPS


5♠




EKANS
POISON TYPE

 **8**
POKEBALL
1 COIN FLIP


 **12**
GREAT BALL
3 COIN FLIPS


 **16**
ULTRA BALL
5 COIN FLIPS


5♣




RAICHU
ELECTRIC TYPE

 **20**
POKEBALL
1 COIN FLIP


 **30**
GREAT BALL
3 COIN FLIPS


 **60**
ULTRA BALL
5 COIN FLIPS


6♥



CHARMELEON
FIRE TYPE

 **12**
POKEBALL
1 COIN FLIP

 **20**
GREAT BALL
3 COIN FLIPS

 **25**
ULTRA BALL
5 COIN FLIPS


6♦



SLOWPOKE
PSYCHIC TYPE

 **10**
POKEBALL
1 COIN FLIP

 **15**
GREAT BALL
3 COIN FLIPS


 **20**
ULTRA BALL
5 COIN FLIPS


6♠




MACHOP
FIGHTING TYPE

 **20**
POKEBALL
1 COIN FLIP


 **30**
GREAT BALL
3 COIN FLIPS

 **40**
ULTRA BALL
5 COIN FLIPS


6♣




ZUBAT
POISON TYPE

 **8**
POKEBALL
1 COIN FLIP


 **12**
GREAT BALL
3 COIN FLIPS


 **16**
ULTRA BALL
5 COIN FLIPS


7♥



ELECTABUZZ
ELECTRIC TYPE

 **20**
POKEBALL
1 COIN FLIP

 **30**
GREAT BALL
3 COIN FLIPS

 **60**
ULTRA BALL
5 COIN FLIPS

7♦




WARTORTLE
WATER TYPE

 **20**
POKEBALL
1 COIN FLIP


 **30**
GREAT BALL
3 COIN FLIPS


 **40**
ULTRA BALL
5 COIN FLIPS


7♠




DROWZEE
PSYCHIC TYPE

 **10**
POKEBALL
1 COIN FLIP


 **15**
GREAT BALL
3 COIN FLIPS


 **20**
ULTRA BALL
5 COIN FLIPS


7♣




FARFETCH'D
FIGHTING TYPE

 **20**
POKEBALL
1 COIN FLIP


 **30**
GREAT BALL
3 COIN FLIPS


 **40**
ULTRA BALL
5 COIN FLIPS


3♦




GRIMER
POISON TYPE

 **8**
POKEBALL
1 COIN FLIP


 **12**
GREAT BALL
3 COIN FLIPS


 **16**
ULTRA BALL
5 COIN FLIPS


8♦




JOLTEON
ELECTRIC TYPE

 **20**
POKEBALL
1 COIN FLIP


 **30**
GREAT BALL
3 COIN FLIPS


 **60**
ULTRA BALL
5 COIN FLIPS


8♠



IVYSAUR
GRASS TYPE

 **20**
POKEBALL
1 COIN FLIP

 **40**
GREAT BALL
3 COIN FLIPS

 **60**
ULTRA BALL
5 COIN FLIPS



MY POKEDEX

Name

Page

Welcome to the world of Pokemon! There are 15 Pokemon hiding in your house and your job is to catch them all! As you catch Pokemon, use this Pokedex to keep track of your achievements! Good luck!

Pokemon Name

Type

Ball

Location



MY POKEDEX

Name

Page

Welcome to the world of Pokemon! There are 15 Pokemon hiding in your house and your job is to catch them all! As you catch Pokemon, use this Pokedex to keep track of your achievements! Good luck!

Pokemon Name

Type

Ball

Location

HOW TO CATCH A POKEMON

Find a hidden Pokemon and decide which Pokeball you will use. Perform the exercise on the Pokemon card for the selected Pokeball's set of repetitions. Once you have completed you exercise, flip your coin the appropriate number of times. If you get at least one heads, you've caught the Pokemon! If you do not get a heads, you've missed and cannot catch this Pokemon until you've caught another. Now go catch 'em all!

HOW TO CATCH A POKEMON

Find a hidden Pokemon and decide which Pokeball you will use. Perform the exercise on the Pokemon card for the selected Pokeball's set of repetitions. Once you have completed you exercise, flip your coin the appropriate number of times. If you get at least one heads, you've caught the Pokemon! If you do not get a heads, you've missed and cannot catch this Pokemon until you've caught another. Now go catch 'em all!