

FIT Academy

516 STUDENT MEDICATION

I. PURPOSE

The purpose of this policy is to set forth the provisions that must be followed when administering nonemergency prescription medication and nonprescription medication to students at school.

II. GENERAL STATEMENT OF POLICY

FIT Academy (FIT) acknowledges that some students may require prescribed drugs or medication during the school day. FIT's licensed school nurse, trained health clerk, FIT Director, or teacher will administer prescribed, except any form of medical cannabis, medications in accordance with law and FIT procedures.

III. REQUIREMENTS

- A.** The administration of prescription or nonprescription medication or drugs at school requires a completed signed request from the student's parent. An oral request must be reduced to writing within two school days, provided that FIT may rely on an oral request until a written request is received.
- B.** An "Administering Prescription/Nonprescription Medications" form must be completed annually (once per school year) and/or when a change in the prescription or requirements for administration occurs. Prescription medication as used in this policy does not include any form of medical cannabis as defined in Minnesota Statutes, section 152.22, subdivision 6.
- C.** Prescription or nonprescription medication must come to school in the original container labeled for the student (labeled by a pharmacist in accordance with law if prescription medication), and must be administered in a manner consistent with the instructions on the label.
- D.** The school nurse may request to receive further information about the medication, if needed, prior to administration of the substance.
- E.** Prescription and nonprescription medications are not to be carried by the student, but will be left with appropriate FIT personnel. Exceptions to this requirement are: prescription asthma medications self-administered with an inhaler (See Part J.5. below), and medications administered as noted in a written agreement between FIT and the parent or as specified in an IEP (individualized education program), Section 504 plan, or IHP (individual health plan).

- F.** The school must be notified immediately by the parent or student 18 years old or older in writing of any change in the student's prescription medication administration. A new medical authorization or container label with new pharmacy instructions shall be required immediately as well.
- G.** For drugs or medicine used by children with a disability, administration may be as provided in the IEP, Section 504 plan or IHP.
- H.** The school nurse, or other designated person, shall be responsible for the filing of the Administering Prescription/Nonprescription Medications form in the health records section of the student's file. The school nurse, or other designated person, shall be responsible for providing a copy of such form to the Director and to other personnel designated to administer the medication.
- I.** Procedures for administration of drugs and medicine at school and school activities shall be developed in consultation with a school nurse, a licensed school nurse, or a public or private health organization or other appropriate party (if appropriately contracted by FIT under Minn. Stat. § 121A.21). FIT administrative staff shall submit these procedures and any additional guidelines and procedures necessary to implement this policy to the FIT Board of Directors (BOD) for approval. Upon approval by the BOD, such guidelines and procedures shall be an addendum to this policy.
- J.** Specific Exceptions:
1. Special health treatments and health functions such as catheterization, tracheostomy suctioning, and gastrostomy feedings do not constitute administration of drugs and medicine;
 2. Emergency health procedures, including emergency administration of drugs and medicine are not subject to this policy;
 3. Drugs or medicine provided or administered by a public health agency to prevent or control an illness or a disease outbreak are not governed by this policy;
 4. Drugs or medicines used at school in connection with services for which a minor may give effective consent are not governed by this policy;
 5. Drugs or medicines that are prescription asthma or reactive airway disease medications can be self-administered by a student with an asthma inhaler if:
 - a. FIT has received a written authorization from the pupil's parent permitting the student to self-administer the medication;
 - b. the inhaler is properly labeled for that student; and
 - c. the parent has not requested school personnel to administer the medication to the student.

The parent must submit written authorization for the student to self-administer the medication each school year. If FIT does not have a school nurse or school nursing services, the student's parent or guardian must submit written verification from the prescribing professional which documents that an assessment of the

student's knowledge and skills to safely possess and use an asthma inhaler in a school setting has been completed.

If FIT employs a school nurse or provides school nursing services under another arrangement, the school nurse or other appropriate party must assess the student's knowledge and skills to safely possess and use an asthma inhaler in a school setting and enter into the student's school health record a plan to implement safe possession and use of asthma inhalers;

6. Medications:
 - a. that are used off school grounds;
 - b. that are used in connection with athletics or extracurricular activities; or
 - c. that are used in connection with activities that occur before or after the regular school day are not governed by this policy.
7. At the start of each school year or at the time a student enrolls in FIT, whichever is first, a student's parent, school staff, including those responsible for student health care, and the prescribing medical professional must develop and implement an individualized written health plan for a student who is prescribed epinephrine auto-injectors that enables the student to:
 - a. possess epinephrine auto-injectors; or
 - b. if the parent and prescribing medical professional determine the student is unable to possess the epinephrine, have immediate access to epinephrine auto-injectors in close proximity to the student at all times during the instructional day.

The plan must designate the FIT staff responsible for implementing the student's health plan, including recognizing anaphylaxis and administering epinephrine auto-injectors when required, consistent with state law. This health plan may be included in a student's § 504 plan.

- K.** "Parent" for students 18 years old or older is the student.
- L.** FIT may obtain and possess epinephrine auto-injectors to be maintained and administered by FIT personnel to a student or other individual if, in good faith, it is determined that person is experiencing anaphylaxis regardless of whether the student or other individual has a prescription for an epinephrine auto-injector. The administration of an epinephrine auto-injector in accordance with this section is not the practice of medicine.

FIT may enter into arrangements with manufacturers of epinephrine auto-injectors to obtain epinephrine auto-injectors at fair-market, free, or reduced prices. A third party, other than a manufacturer or supplier, may pay for FIT's supply of epinephrine auto-injectors.

Legal References: Minn. Stat. § 13.32 (Student Health Data)
Minn. Stat. § 121A.21 (Hiring of Health Personnel)
Minn. Stat. § 121A.22 (Administration of Drugs and Medicine)

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Minn. Stat. § 121A.221 (Possession and Use of Asthma Inhalers by Asthmatic Students)

Minn. Stat. § 121A.222 (Possession and Use of Nonprescription Pain Relievers by Secondary Students)

Minn. Stat. § 121A.2205 (Possession and Use of Epinephrine Auto-Injectors; Model Policy)

Minn. Stat. § 121A.2207 (Life-Threatening Allergies in Schools; Stock Supply of Epinephrine Auto-Injectors)

Minn. Stat. § 151.212 (Label of Prescription Drug Containers)

20 U.S.C. § 1400 *et seq.* (Individuals with Disabilities Education Improvement Act of 2004)

29 U.S.C. § 794 *et seq.* (Rehabilitation Act of 1973, § 504)

Cross References: FIT Policy 418 (Drug-Free Workplace/Drug-Free School)